

PAWLING LIVING NARRATIVE CATALOG 2019

BOOK TITLE	BRIEF DESCRIPTION
LOOK AT ME, USING APPLIED BEHAVIOR ANALYSIS	This book details one family's experience with using ABA therapy to improve the outcome of a child with autism
HELPING IN DEVELOPING COUNTRIES	This well-intentioned book has traveled to a number of developing countries (Ecuador, Ghana, Bolivia, Tanzania, Vietnam, Haiti) in an effort to help the people living there. She is uncertain about the success of her efforts.
A CROSSROADS OF PROFESSIONS	This book improves the lives of students at two high schools in Harlem, specifically in the areas of language comprehension and literacy. This book also shares the joy of music and singing, in light of his prior career as a professional opera singer, by performing in choir concerts and as a soloist for friends on special occasions such as weddings and dinner events.
A WORK/LIFE JOURNEY: FROM EMPLOYEE TO BOSS	This book had a successful career in publishing when she came to a crossroads at age 40. Despite a VP position in an international management consulting firm, she had just had her first child and realized the status quo wasn't working. With a leap of faith, this book left her job to start her own business. 14 years and two children later, she's never looked back. This book will talk about the skills that lead to a successful business, how she's grown and nurtured the business, and how she maintains a work/life balance.
ANCIENT PHILOSOPHY ALIVE IN THE HUDSON VALLEY	Learn how an only-slightly-above-average kid from Lagrange transformed his life towards greater happiness by reading and practicing the teachings of Epictetus, Marcus Aurelius, Pythagoras, and, by realizing through meditative self-discovery the wisdom found in classical works from Advaita Vedanta philosophy.
BALLERINA, BROADWAY, MENTOR	This book describes the unusual path of a ballerina to Broadway and then beyond to the world of education!

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BUILDING A HOME & CONNECTING TO HEARTS IN THE DOMINICAN REPUBLIC	<p>My husband and I went on a weeklong journey to build a home in the Dominican Republic (DR) under the leadership of a not-for-profit, "Bridges to Community." We went there with a dozen other like-minded people from this area ages 18 to 86 who we hardly knew. But, by working side-by-side with them—painting, hammering, sawing, hauling sand and cement—we became a fine team that left a new home and friendships made. Learn about this journey in the hinterlands of the DR.</p>
CHASING WONDER WOMAN	<p>Hear the story of a woman, wife and mother of 3 who works full time and strives daily to balance it all. This book has learned the importance and value of being part of a team and truly being flexible in order to meet short and long term goals of her family and within her career. Those close to her and know all that she does call her Wonder Woman; she's just taking things one meal at a time.</p>
CHILD PSYCHOLOGY RESEARCHER	<p>This book is a Senior at Pawling High School and has been part of the Science Research Program for the past 3 years. She has researched both Adolescent and Child populations to view how their environment influences their behavior. This book has travelled across the United States to present her research and strives everyday to improve the mental health of her peers.</p>
COLLEGE PROFESSOR=LEARNING EVERY DAY	<p>This book has been teaching college students how to communicate for several years while continuing a professional life in journalism and public relations. Students bring a fresh perspective. They also give her a sense of hope for the future as she learns about their stories and challenges and watches them navigate the world as young adults.</p>
COMMUNICATION ADVOCATE	<p>This book forges connections between the diverse Bronx community and the medical professionals who serve them as a hospital-based, bilingual Spanish Speech-Language Pathologist. She is also a passionate professor at Lehman College and has spent many years volunteering in Mexico providing speech and language therapy, including hippotherapy, to children with special needs and their families.</p>
COPING WITH STAGE 1 BREAST CANCER - WHAT TO EXPECT WHEN YOU NEVER EXPECTED THIS	<p>You hear the words "Your biopsy shows that you are positive for breast cancer". The floor drops out of the room and your heart skips a couple of beats. Then you get to deal with the reality of the situation. I'll share my experiences about what the process entailed and how through it all I tried to find the funny. :)</p>

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<p>CREATE PERMANENT MEMORIES: BOOKCRAFT USING FAMILY STORIES & PHOTOGRAPHS</p>	<p>Learn about interesting and creative ways to compile your family stories, memories, photos, and documents into a book. You can produce these yourself (working with materials available at an art supply store) or use the services of an online printer. As a professional book designer, I'll show examples of the range available and discuss what might work best for you and students.</p>
<p>FLIGHT</p>	<p>This book is a memoir that traces the story of my life and the events which led me to devote my life, due my part, to accomplish Tikum Olam which means to "heal the world". The book covers the prison work I have done for the past 16 years with incarcerated men and boys using the art of modern dance. Through childhood adversity, youthful academic failures I have succeeded beyond what anyone who knew me as a child would have predicted. I hope to inspire student to be optimistic and hopeful though presenting my story.</p>
<p>FROM A LIFE BEHIND BARS TO A LIFE OF SERVICE</p>	<p>This book will inform you about the Puppies Behind Bars program. PBB trains prison inmates to raise service dogs for wounded war veterans and first responders, as well as explosive-detection canines for law enforcement. Puppies enter prison at the age of 8 weeks and live with their inmate puppy-raiser. As the puppies mature into well-loved, well-behaved dogs, their raisers learn what it means to contribute to society rather than take from it. This book will discuss his (actually his wife's) role with the program.</p>
<p>FROM SIX FIGURES TO ACTION FIGURES</p>	<p>Learn about the ups and downs of leaving corporate america to open up a small toy store in Pawling</p>
<p>FULLFILLING THE KNEAD</p>	<p>The act of bread making mixes all the elements needed for balance in a busy life. It combines creativity, science, physicality, as well as social and cultural connection. Bread has a long history in most cultures and in this book's personal story. This book has found and continues to find challenge, contentment and fulfillment exploring this passion.</p>
<p>HOW AN EXPLORATION OF FAMILY BECAME A PASSION FOR EUROPEAN HISTORY</p>	<p>This book grew up hearing the story of her grandmother's cousin being head of the Duma prior to the Russian Revolution. Further study led to a love of Russian, British and German history and beyond</p>

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HOW TO AUGMENT YOUR CLASSROOM LIBRARY	Regardless of what we teach, we should all have a classroom library. When we spend time curating a personalized classroom library, opportunities for student and teacher engagement in course content diversifies and amplifies. This interactive session will provide participants with resources to kick-off or augment the growth of their personalized classroom library. In addition, models of classroom libraries across content areas will be shared.
I MAKE CARTOONS	This book has been making cartoons professionally for almost 20 years. Some of this books credits include Peanuts the Movie, Ferdinand, Rio and Rio 2, I am Big Bird, Daria, Pinky Dinky Doo, Queer Duck, and some of the Ice Ages.
I'M WITH THE PAPER	Tom Walogorsky, reporter and editor for The Pawling Record, talks about the state of journalism, the importance of local news, and just how much effort really goes into producing a small town newspaper. He will also share his favorite stories and experiences from nearly two years of covering the news in Pawling.
IMPROVE YOUR MOOD AND MANAGE YOUR EMOTIONS USING ESSENTIAL OILS	Have you ever stopped to smell a beautiful, fragrant flower and couldn't help but smile? Did you know that many plants have a pleasing fragrance that can improve our physical and emotional wellness? Learn how essential oils are derived and how their unique properties can help us manage our emotions in a positive way.
INFORMING THE PROCESS: THE "ThinkDIFFERENTLY" INITIATIVE	This book is Dutchess County's Deputy Commissioner for Special Needs and holds a position that is funded as part of Dutchess County's "ThinkDIFFERENTLY" initiative. The Deputy Commissioner is engaged in a journey to learning where the challenges lie, fostering collaborations with community partners, exploring the challenges faced as people plan for future services and seeking solutions to improve the quality of care here in Dutchess County. The goal of the initiative is to foster acceptance and build community inclusion for people of all abilities.
IRAQ WAR VET	This Autobiography is of an OIF combat vet, who has a law degree focused on education policy, and is a mom and substitute teacher currently writing her memoir.

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IS THE DAY REALLY OVER?	After working at a number of less fulfilling jobs after college, I found a career where I was able to help children and families navigate the process of education despite numerous individual circumstances and found I had more time to enhance my practice than in previous work. Along the way, there have been many personal and professional challenges that have shaped my thinking about the work we do.
LABOR OF LOVE	This book is about a woman who had the courage to follow her passion and her heart onto a journey into uncharted waters.
LGBTQ+ IN YA LIT	This book manages the young adult collection at the Pawling Library. She will discuss the trends and issues in LGBTQ+ representation in YA lit and why it matters, and bring current examples of strong YA books with LGBTQ+ characters.
LIFE "MISSTAKES" ARE NOT ALWAYS A BAD THING	Sometimes life knocks us around and sends us in unexpected, unintended directions. However, it's just the universe redirecting you to be the person you were meant to be on this earth. We all have a purpose in life, this is my story of how my mistakes directed me to discover purpose.
LIKE ENERGIZER BUNNY, KEEP ON KEEPING ON	I am 84 years old and have been writing instruction books on knitting and crocheting and designing for craft magazines for 40 years. I started my career late and I like to tell people that it is never to late to start doing something that you love, and that you can keep on keeping on no matter your age. Last June, I completed my 31st book and right now I am working on designs for magazines produced in England and the Netherlands.
LIVING OUT YOUR PURPOSE	This book helps people ask themselves the tough questions: What are you REALLY here for? What's your purpose? How do I take a leap of faith? How do I leave my legacy in the World? If your dreams don't scare you, you aren't dreaming big enough.

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MARKETING GENIUS AND PIONEER	<p>This book tells the forgotten story of Charles Kelsey, Tarrytown NY, Troy NY and Hartford CT, marketing and engineering genius, the marketing guru of the early automotive industry, the inventor of direct marketing, and the person who bought the rototiller to America.</p>
MEDIUMSHIP FOR A GRIEVING HEART. FINDING SIGNS FROM LOVED ONES LOST.	<p>This book tells the story of losing a little boy to cancer before his time, my struggle with grief, and the affirming signs that reassure me how his spirit is with me every single day.</p>
MUSIC IS MAGIC	<p>This book gives examples of how music can create magic in the classroom as well as in the lives of those with a number of difficulties (both health and behavioral). The author incorporates music into her life and teaching on a daily basis.</p>
MY DOG IS FITTER THAN ME: SPORT AND WORKING DOGS	<p>Sometimes a pet is more than just a pet. Some specific breed of dogs need more than just a bowl of food, a cozy bed, and a ten minute walk; they need physical and mental stimulation. This book was introduced to a dog sport called Flyball twelve years ago and she has had many opportunities to grow as an owner. Learning the importance of basic obedience, sport specific training, the types of food and nutrition that can help her dog live a healthier lifestyle; these are just some of the changes she has made since participating in this sport. Come learn about how a single sport can possibly help change the lifestyles of you and your dog!</p>
MY ESCAPE	<p>It is the story of eight young refugees' dramatic escape from Hungary after Russian tanks defeated the 1956 Hungarian Revolution. They tried against all odds. They faced menacing Soviet tanks, secret police and border guards with order to shoot. Together they suffered cold, rain, thick mud, cruel reeds and the hopelessness of being lost in the swamp not knowing whether they end up in the free world or in the iron arms of Soviet guards.</p>
NEW YORK CITY AND LONDON	<p>Living in two world cities. Their differences and different work experiences, as well as their changes over time.</p>

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PAWLING HIGH SCHOOL'S SCIENCE RESEARCH PROGRAM: MY HOW WE HAVE GROWN!	<p>This book explores a 3 year college level course that allows students to investigate PhD level scientific research and how it has impacted their future and career paths. Over the past 5 years that this course has been offered students have competed and participated in a large number of international competitions and topic related conferences with experts in their research fields. This book will also discuss how they reconnected to research in shark behavior this past summer, after a long hiatus.</p>
POSITIVE REINFORCEMENT FOR TODDLERS AND THE DRAMATIC INFLUENCE IT HAS ON BEHAVIOR	<p>This book is to enlighten a whole new way to inspire toddlers to want to be the best they can be. From manners, to sharing, to helping with siblings, to chores and more...</p>
PROTECT YOUR WILDLIFE AND THEIR HOMES. IT'S YOUR NATURE!	<p>What started as an interest in a unusual plants, helped lead to a career in science, world travel and community service to protect our environment for humans and wildlife.</p>
PUBLIC DEFENDER OF DUTCHESS COUNTY	<p>This book has provided legal representation to the poor in Dutchess County for close to 4 decades. In addition, this book has advocated for system change on behalf of our Dutchess County neighbors who struggle with homelessness, mentally illness, incarceration, and substance abuse.</p>
RADIO NEWS HOST, WAKING PEOPLE UP WITH BAD NEWS, GOOD NEWS AND EVERYTHING IN BETWEEN	<p>Richard discusses his years working as a journalist from imitating local radio hosts as a child to covering some of the biggest stories in New York City on the country's most listened to NPR member public radio station, WNYC.</p>
REINVENTING RACEHORSES - AKINDALE THOROUGHBRED RESCUE	<p>Reinventing Racehorses gives Thoroughbreds who can no longer race a second chance for a new career and a forever home with a loving person or family. We will share how the program works, what it does for retired racehorses and how people can make a difference in the lives of these horses.</p>

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RESILIENCE IN THE FACE OF ADVERSITY: AND ALL THE LIFE LESSONS IN BETWEEN	<p>Fear can mean, "Face Everything and Run" or "Face Everything and Rise."</p> <p>This book portrays the resilience of a person (adapting to) in the face of adversity (the hardships life sends your way), and how she journeyed through all the life lessons in between to bounce back and rise above those difficult experiences. Join this book as she opens up and reveals her story about the sudden loss of a loved one and how the "rock bottom lows", "flying above the cloud highs", and everything in between has developed positivity and perseverance in all aspects of her life.</p>
REVOLVING DOORS - GROWING UP IN A HOME WITH MENTAL ILLNESS	<p>This book is a woman who's Mother was diagnosed with serious mental illness when she was 11 years old. Growing up in the suburbs of New York City with a Mother who struggled to remain sane created a life of many realities and many challenges, but ultimately also, many gifts.</p>
SCIENCE RESEARCH STUDENT, CHANGING MODERN MEDICINE WITH ALTERNATE TREATMENTS TO HEART ATTACKS	<p>This book helps modern medicine in finding more effective ways to treat patients who have metabolic syndrome and have also undergone a heart attack. The journey of science research and working with PhD level research will be the main focus of this book and around her life.</p>
SERVICE BEFORE SELF	<p>This book is about serving one's country and community in and out of uniform, while conducting yourself with integrity at all times.</p>
SPECIAL MOMENTS TEACHING ENGLISH & DRAMA IN A BRONX HIGH SCHOOL	<p>Marie DiLorenzo was named Teacher of the Year three times during her thirty-year career at Evander Childs High School in the Bronx.</p> <p>She was provided with a specially designed Black Box Theater and won grants for video equipment and professional instruction. Her students wrote their own material which they acted, directed, and taped, of course. Barbara Bush visited when her husband was Vice President because she recognized the program's value in encouraging reading and writing.</p>
STRATEGIES TO NEGOTIATE BIG BUSINESS	<p>This book is chock full of stories of how the biggest corporations negotiate. Over 25 years of experience working on deals, from buying the brands you use everyday to selling NFL rights, may help you find some tips for business success.</p>

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<p>SUCCESS ON THE SPECTRUM</p>	<p>The academic adventures of my son who has Asperger's Syndrome. From an early age my son was taught that everyone is different. No two people are exactly alike. Not even twins. Everyone has their strengths and weaknesses. Some things come naturally. Some require more work.</p>
<p>SURVIVING RAPE</p>	<p>This book describes the many aspects of surviving sexual assault: medical, legal, emotional, spiritual.</p>
<p>SYSTEMS ANALYST TO SCHOOL COUNSELOR</p>	<p>This book documents the circuitous route to becoming a school counselor. Although mental health counseling is a visible part of a school counselor's day, a bigger and long lasting impact is career counseling..... School counseling is an area that anyone with an interest in making a difference can change careers and dive into the rewarding field of education. A background in science, information systems, finance, banking and publishing makes for a resilient school counselor.</p>
<p>THE CRIMINAL JUSTICE SYSTEM</p>	<p>Requirements to become a Prosecutor to the many aspects of prosecutorial responsibility within the criminal justice system and the impact it has on our community.</p>
<p>THE EFFECTS OF POLYCYSTIC OVARIAN SYNDROME ON ANXIETY AND SELF ESTEEM</p>	<p>Literature has described the potential link between women with Polycystic Ovarian Syndrome and the development of mental disorders. This research investigates the effects of PCOS on anxiety, body dysmorphia and self esteem. Surveys administered through the Polycystic Ovarian Syndrome Awareness Association, indicated a significant correlation involving PCOS and mental health.</p>
<p>THE HORSE I BELONG TO</p>	<p>A bright but troubled individual found her way through numerous careers, but only found peace and the path to the Wisdom Path through the intercession of an ordinary, extraordinary horse.</p>

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THE PAWLING HOBBIT HOUSE	This book will describe what inspired me to design and build a modern day Hobbit house right out of JRR Tolkien's Middle Earth! (And a bit on the fine art of Hobbit House building!)
THE POWER AND IMPORTANCE OF PUBLIC SPEAKING	Being able to speak publicly will have tremendous effects on your life. This book will help you understand the importance of being able to speak publicly. This book will also give you ideas and steps to help you conquer your fears associated with speaking in front of a group, whether it is a group of 5 or 500.
TRAVELING ON A TEACHER'S SALARY	This book loves to participate in summer professional development around the country! She shares her experiences exploring new cities, making new connections, and how to find opportunities/resources so you can too!
TWO YEARS IN THE JUNGLE, EXPERIENCES OF A PEACE CORPS VOLUNTEER	Life as a Peace Corps Volunteer in the Philippines during the Marcos era has elements of exoticism, adventure and boredom; opportunities for giving and learning; and experiences of encountering untouched natural beauty and danger in remote areas
UNITED NATIONS TODAY	What is the United Nations? Why established? Still relevant? Priority issues today? The UN in action: description of work going on in Uzbekistan and Kazakhstan
VERMICULTURE	Turning the food you through away into food for your garden. Learn all you need to know how to get hard working wrigglers to help you feed your plants.

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WHAT IS AN EVANGELICAL?	Evangelicals play a prominent role in American society but the term is not always well understood. This book attended an evangelical seminary and can provide context to help explain who evangelicals are and what they believe.
WHY EVERYONE NEEDS A MAKERSPACE IN THEIR LIFE	This book discusses the Makerspace movement in schools and the importance of tinkering...for all ages. According to Laura Fleming (one of the first school librarians to pioneer a makerspace within her high school library), the makerspace movement “draws upon the innately human desire to make things using our hands and our brains”. Readers of this book will engage in a discussion about the benefits of making to nurture creativity. The book also includes a sample tinkering exercise where you will learn a few simple jewelry making techniques to create your own piece of jewelry. Don't forget your reading glasses, some parts included in this book are very small.
WINGING IT: HOW TO ENGAGE ACROSS DIFFERENCE IN A MOSTLY GRACEFUL MANNER	This book has many chapters, including: yoga in the Iyengar and Ashtanga traditions, hanging out with migrant caravaners in Tijuana, creating new rural programming, being a white educator to students of color, bilingual problems/joys, cultivating immigrant youth leadership, building a young adult interfaith intentional community, having a career in the church when you're not at all Christian. *Este libro está escrito en español también.*
WORKPLACE WELLNESS: MINDFULNESS AND MOVEMENT FOR SCHOOL-BASED PROFESSIONALS	When teachers and support staff are taken care of and thriving, so are the children they serve. A practice of mindfulness and movement can support the self-care that we all need to be our best selves. In this book, you will learn some brief techniques to use throughout your day and in times of challenge. It's essential that we put the oxygen mask on first.
WRITE FOR THE LOVE OF IT	This book discusses one writers experience with a lifelong passion for writing and her forays into traditional publishing as well as the self publishing world.
FROM GROOTE SCHUUR TO NOMPUMELELO. WORKING IN URBAN AND RURAL SOUTHERN AFRICA AS AN OCCUPATIONAL THERAPIST DURING APARTHEID.	This book spent much of her childhood and early adulthood in apartheid era South Africa. She went to University there and began her career as an occupational therapist, working within diverse urban and rural communities. This book is more than a travelogue through her time there. It is also a reflection on the socio, economic and political forces that shaped the time and how this impacted the needs of the communities and the scope of practice as an occupational therapist.

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AGAINST ALL ODDS	How against all odds the DECISION not to become a statistic lead a young woman, mother of two, under skilled and inexperienced to single handedly find her way along a path less traveled. Sharing experiences, strength and hope this book encourages others to believe that no matter what life brings your way, if there is a will there is a way. Also encouraging you to never say I can't always say you'll try and to embrace the idea that if at first you don't succeed try try again. Weaving in spiritual awakenings, personal growth and how education was the key to freedom, this rags to fancy casual dress story, embraces the appreciation of the simple things in life, family first, and dreaming big, never settling for mediocrity when excellence was and is an option.
COMMITMENT TO SERVICE	This book will inspire those looking to serve their neighbors and their community. Dutchess County Executive Marcus J. Molinaro began his career of public service as a high school student, interning for his state Assembly member. At the age of 18, Marcus served on Village of Tivoli Board of Trustees in 1994, and a year later, he became the youngest mayor in the United States. Following tenures in the Dutchess County and New York State legislatures, Marcus was elected as Dutchess County's 7th County Executive in November 2011; at age 36, he took office as the youngest County Executive in county history. Emboldened by the author's memoir, readers of this book will be emboldened take on an active role in their neighborhood, county, state, or nation.
MEANINGFUL PERSONALIZED LEARNING FROM A FORMER CONSUMER PRODUCT TESTER	In previous years, I described how I became the Technical Director for Consumer Reports Labs. There, I learned how comparative product testing can make us all savvy consumers and even change the marketplace for the better. It was also fun to test cars, appliances, electronics, household goods and foods. My book this year will be different. Along with a number of PCSD Staff, I have been participating in a superb, seminar series, "Bold Moves" that focuses, among other topics, on personalized learning. Thus, I thought I would focus my presentation on how consumer product testing could enhance our school's personalized learning by making science and engineering more meaningful to the student? Let's open-the book and develop a mini-curriculum involving practical engineering inquiries done in the classroom to make water and air safer in our homes and school. We will also talk about fire safety.
RELIGION AND THE WORLD: A SELF-DISCOVERY JOURNEY THROUGH EASTERN EUROPE AND ISRAEL	Being the daughter of an Interfaith family has made this book who she is today. Her mother is Christian and her father is Jewish. She was raised in the Jewish religion but was also exposed to her maternal side's Christian traditions. This book will talk about one of her most transformative and self-defining events her religion took her when she traveled to Eastern Europe and Israel with a teens group during the summer of 2017. She witnessed places where some of the worst events in history happened, such as in Auschwitz but also saw some of the holiest places in the world, such as in Jerusalem. Meeting people of various backgrounds, such as Druze and interacting with groups such as the Bedouins exposed her to a greater perspective of the world. The people this book has encountered and the places she has traveled enlightened her faith, spirituality and connected her to the diversity of humanity.
SCRIPTS IN THE WIND: FROM L.A. TO PA IN 3 DAYS.	After a two month internship as an assistant to the assistant screenwriter to the president of feature development for a major motion picture company, I tell the story of my brief time in LaLa land and the journey home across the continent. Defeated emotionally, financially, physically, and mechanically I recall my experience in L.A. and the journey home; sprinkled with the spiritual/delusional sleep deprived experiences with drifters, angels, and a Jetta full of copy paper that one can only expect in a 3 race from coast to coast. From death valley through Albuquerque, from Texas to Memphis, to great parking in center city Philadelphia I conclude with the practical wisdom and advice only one can learn driving alone, white knuckled in the pitch dark dead of night on an unmarked Texas freeway heading east, trying always to beat the sun.